

The Conventional Medical Approach:

Patient has symptoms & reports to doctor's office

Doctor sees patient for an average of **7 - 10 minutes**

Patient feels rushed, frustrated, and confused

Through questions and *routine* labs, the doctor makes a diagnosis

The doctor does not look for any underlying cause of symptoms or of disease

Patient gets drugs for her symptoms or has surgery. Symptoms often stay the same or worsen over time...

The Ultra Health Approach:

Patient has symptoms & reports to doctor's office

Doctor dives deep into patient's story for **120 minutes**

Patient feels cared for, listened to, and respected

Diagnosis is made and the doctor asks "**Why**" & "**Why now?**"

Advanced diagnostic labs reveal the root cause of disease

Patient & doctor collaborate to enact a holistic treatment plan to restore health and get rid of symptoms

